

Homelessness



Kingston's By-Name List – a real-time list of all those who are unhoused in our area – lists a higher number of people experiencing homelessness (524) than during previous years. The issue of homelessness is complex and requires different sectors of a community to come together to find local solutions.



This issue has been categorized into four sections: Prevention Programs, Shelter Supports, Housing with Supports and Supports for Unsheltered or Precariously Housed individuals. Read more about the services, funded by United Way, that are working to address these categories.

Prevention Programs

Kingston Community Legal Clinic runs an **Eviction Prevention program** providing legal services to low-income tenants at risk of eviction through a variety of measures, including representing and supporting tenants at Landlord Tenant Board hearings.

Family Mediation program, run by Kingston Youth Shelter, **supports youth and families by providing mediation and short-term intervention services** and case management aimed at preventing youth from becoming unhoused due to family conflict.

Shelter Supports

Concession Street Centre provides low-barrier **overnight beds and day programs** for people who are unsheltered and street-involved.

Adelaide Warming Centre/Overnight Shelter, operated by Lionhearts, provides low-barrier access to overnight shelter beds for people who are unhoused or precariously housed.

Kingston Home Base Housing's Lily's Place provides **emergency shelter, and supportive programming, for families in need in the KFL&A region.**

Kingston Interval House **Emergency Shelter** provides a safe space with assistance and programs for **women and children leaving abusive situations.**

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Kingston Youth Shelter **Emergency Shelter program**, provides overnight accommodation for **youth ages 16-24**. Food, counseling, day programming and referral services are provided. Youth can now access the Youth Shelter services 24/7.

Housing with supports

Dawn House's **Transitional Housing program** serves **homeless single women of low income between the ages of 16-75**, providing daily supports and case management planning.

Kingston Home Base Housing's **RISE@one4nine program** provides **youth services and safe, affordable transitional/supportive housing** with case management supports for youth.

Interval House runs Robin's Hope **Transition House**, an 18-unit apartment building with rent geared to income apartments for **women and children leaving the shelter**.

Kingston Youth Shelter **Transitional Housing program** provides housing and supports for youth at two residences, including goal setting and skills building to help youth become independent and secure long-term housing.

Ryandale Transition House provides residents with life-skills training to inspire permanent housing, life-management, and positive community involvement.

Supports for unsheltered or precariously housed individuals

Addiction and Mental Health Services KFL&A **Youth Outreach Case Management program provides** intensive case management support and connects youth to agency and community supports.

Addiction and Mental Health Services KFL&A provides **Outreach Nursing** support for the Street Outreach program, In From the Cold Emergency Shelter, and the Integrated Care Hub. Services include assessments, consultations, and basic care.

Integrated Care Hub is a **low-barrier, drop-in centre for individuals, many of whom are homeless or living rough**, to access basic services and supports including clinical treatment.

Addictions and Mental Health Services KFL&A's **Criminal Justice Support Program** provides **short-term case management and facilitates access to services that support stabilization, including housing services**, to individuals dealing with mental health and/or addiction, who are released from incarceration into homelessness, and others in the community experiencing homelessness or are at risk of homelessness who are involved with the criminal justice system.

Home Base Housing **Community Outreach program** supports individuals who are experiencing homelessness and living rough, by providing access to **basic needs services and provisions**. An **Indigenous Outreach Worker** supports individuals who identify as Indigenous with an emphasis on connecting to appropriate and culturally relevant services and supports.

Home Base Housing **Youth Housing First/Rapid Rehousing program** provides resources for youth in need of longer-term supports but are not eligible for other housing services due to lower acuity.

Resolve Counselling Services **Youth Outreach Counselling program provides services to youth that are experiencing or are at risk of becoming homeless**, offering programming to improve emotional and psychological health and well-being.



Portable Outreach Care Hub (PORCH) is a retrofitted mobile Recreational Vehicle (RV) funded by United Way and Kingston Community Health Centres **offering mobile health and social service supports for individuals who are vulnerable.**

Elizabeth Fry Society Kingston **Women Reintegration After Prison (WRAP) program serves self-identifying women in conflict with the law.** The program provides a wrap-around approach to women reintegrating into the Kingston community through advocacy, client-led trauma-informed case management and community building.

“ My sister and I were kicked out of our home at the age of 10 and lived on the streets. Eventually I ended up in the wrong crowd and in trouble with the law. Through the United Way I was able to connect with programs and agencies that helped me get my life back on track, raise my son, and now, live on my own. ”

- **Bobbi**



1,013 individuals accessed supports including emergency shelters, counselling and transitional housing



537 households at risk of eviction received supports and legal aid to remain housed



43 youth and their families received supports to resolve conflicts and prevent youth from entering the shelter system



102 youth received housing supports, to find and/or maintain housing.

How United Way KFL&A Helps

United Way is working closely with agencies and programs to respond to increased needs, working collaboratively on ways to help individuals in the region get the support they need.

In 2023, over 71,695 individuals were helped through United Way funded agencies and programs in KFL&A. For a full list of programs please visit www.unitedwaykfla.ca/grants/

My mom had been threatening to kick me out for a couple of years. The first time I was locked out I was 15. I would stay at my friend's house. My mom became unbearable, she was constantly yelling at me and smashing things. I thought she was going to kick me out, so I went to my school counsellor and they said there was a place they could get me into. I was able to get an apartment, my mom kicked me out once she found out.

I lived in Napanee. There are homelessness youth there and there aren't a lot of resources. So I ended up moving to Kingston. Most youth who become homeless aren't well prepared to take care of themselves. As a youth your housing should be provided for you so that you can have friends, study and do what you are supposed to do.

I like to be independent and not have anyone controlling my life. I'm really busy trying to be an adult. I'm aiming to get into University and I'm also taking a smart serve course so I can get into waitressing.

Talk to friends, family, school counsellors or call 211 if you are in a bad situation and need to get out.

— Amanda, homeless at age 15



For more information, stories, resources please visit www.pathhomekingston.ca

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