

Your Impact in KFL&A



United Way KFL&A raises funds locally and invests them locally for maximum impact. Through your support:

71,695 people were helped locally through 50 agencies and 118 programs.



28,850 children and youth accessed programs to reach their highest potential



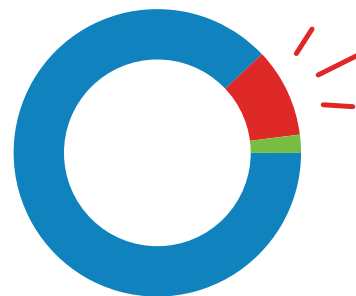
31,078 individuals and families were helped by programs and initiatives supporting personal wellbeing and safety



11,767 people were helped by programs and initiatives in meeting their basic needs and moving out of poverty

Accountability

United Way is efficient and effective, maximizing the amount that is invested in the community through local agencies and programs.



88.3% Funds invested directly into programs and services

9.9% Fundraising costs

1.8% Related Administrative Costs

* Canada Revenue Agency's benchmark for fundraising and administrative cost ratio is 35%

Stronger Together





What is United Way?

United Way Kingston Frontenac Lennox & Addington works closely with community partners to ensure that people have the opportunity to reach their full potential and live with hope, dignity, and a sense of belonging. This vision is realized by building on deep-rooted local community knowledge and relationships to empower people to make an impact.

The United Way raises funds for programs that support immediate needs while also addressing systemic challenges and root causes of issues that impact people locally. Led by volunteers, driven by a small professional staff team, the United Way KFL&A encourages people to get involved, support our most vulnerable, and tackle issues they care about. For more information, please visit: www.unitedwaykfla.ca/communityimpactreport

Funded Agencies

Helping Kids Be All They Can Be

- ✚ BGC South East
- ✚ Big Brothers Big Sisters of KFL&A
- ✚ Girls Inc. Limestone, Algonquin and Lakeshore
- ✚ The Food Sharing Project
- ✚ Pathways to Education Canada
YMCA of Eastern Ontario
- ✚ Youth Diversion Program

Building Strong and Healthy Communities

- ✚ Addictions & Mental Health Services KFLA
Alzheimer Society of KFLA
Amherstview Lions Club
Bereaved Families of Ontario - Kingston Region
Beth Israel Congregation
Bloom Skills Centre
C. T. Survivors Connect
- ✚ Canadian Hearing Services
- ✚ Centre for Abuse and Trauma Therapy
- ✚ Community Navigation of Eastern Ontario
- ✚ Epilepsy South Eastern Ontario

- ✚ Independent Living Centre Kingston
KFL&A Public Health
Kingston Health Sciences Centre
Kingston Historical Society,
Murney Tower Museum
- ✚ Kingston Indigenous Language Nest
- ✚ Kingston Interval House
- ✚ Kingston Military Family Resource Centre
- ✚ Maltby Centre
New Leaf Link
- ✚ Resolve Counselling Services Canada
- ✚ Rural Frontenac Community Services
Salvation Army Community and Family Services
- ✚ Sexual Assault Centre Kingston
St. Andrew's By-The-Lake United Church
- ✚ St. Lawrence Youth Association
Sydenham Street United Church
- ✚ Trellis HIV & Community Care
- ✚ Victim Services of Kingston and Frontenac

Moving People from Poverty to Possibility

- City of Kingston, Housing & Social Services Department
Dawn House Services and Housing for Women
- ✚ Dress For Success Kingston
- ✚ Elizabeth Fry Society of Kingston
- ✚ Kingston Community Health Centres
Kingston Community Legal Clinic
- ✚ Kingston Home Base Non-Profit Housing
- ✚ Kingston Youth Shelter
- ✚ Lionhearts Inc.
Loving Spoonful
- ✚ Outreach St. George's Kingston
- ✚ Ryandale Transitional Housing
St. Vincent de Paul Society Kingston
Tipi Moza Iron Homes
- ✚ Well Suited Kingston

✚ = Partner Agencies

For a detailed list of agencies and programs visit www.unitedwaykfla.ca/grants

United Way of Kingston, Frontenac, Lennox and Addington

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Kingston, Frontenac,
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