



United Way  
Kingston, Frontenac  
Lennox and Addington

Give. Volunteer. Act.

## “Volunteers Grow Community” Kingston, Frontenac, Lennox & Addington Volunteer Week Awards

During National Volunteer Week, United Way KFL&A Volunteer Services will honour some people in our region who demonstrate their generosity of time and spirit to make a difference, through volunteering with local not-for-profit organizations or groups. These awards, sponsored by Investors Group, celebrate volunteerism and highlight the important role that volunteers play in our lives, our communities and our country.

A special breakfast and awards event is taking place on **Friday, April 19, 2013, 7:00 am to 9:00 am** at the K-Rock Centre, Kingston. For the second year in a row, **Investors Group** is sponsoring the keynote speaker, *Craig Kielburger*, motivational speaker and founder of Free the Children. The breakfast is also sponsored by the **K-Rock Centre** and **Bell**.

Volunteers from throughout Kingston, Frontenac, Lennox & Addington will be selected to receive a “**Volunteers Grow Community**” award at the breakfast event for their significant contribution to the community.

**Who is Eligible to be Nominated?** youth (up to age 24 years), individuals, families and workplace groups who have volunteered, during the past year or longer, for a local not-for-profit organization or group. Non-profit organizations include:

- Charitable Agencies
- Hospitals
- Schools
- Sports Leagues
- Religious Institutions
- Community Centres
- Long-term Care Facilities
- Research Facilities
- Arts, Cultural Organizations

### **Some Examples of Significant Volunteer Contributions:**

- Organized a major fundraiser or event
- Led an initiative of significant change or impact
- Mentored, coached, delivered or coordinated programming
- Provided leadership within a non-profit Board or Committee
- Continued length of service, significant volunteer hours, outstanding service

### **Who Can Make a Nomination:**

- Charities
- Organizations
- Companies, Businesses
- Individuals

### **How to Nominate:**

Submit a completed nomination form to United Way Volunteer Centre

- By mail: 417 Bagot Street, Kingston, ON, K7K 3C1
- By email: [volunteer@unitedwaykfla.ca](mailto:volunteer@unitedwaykfla.ca)
- By fax: 613-542-1379

### **Submission Deadline: Monday, March 25, 2013**

For more information please contact the United Way 613-542-2674 or email [uway@unitedwaykfla.ca](mailto:uway@unitedwaykfla.ca)



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## Volunteers Grow Community - Nomination Form

### Submission Deadline: Monday, March 25, 2013

Volunteers from the KFL&A region will be recognized at the *KFL&A National Volunteer Week Breakfast*, being held on April 19, 2013, at the K-Rock Centre, from 7:00am to 8:30am. Investors Group is the lead sponsor of the awards and event, featuring Craig Kielburger, founder of Free the Children. The breakfast is also sponsored by the K-Rock Centre and Bell.

#### PLEASE PROVIDE THE FOLLOWING INFORMATION

The Nominee will have made a significant contribution to the community through their volunteerism with a local not-for-profit organization or group during the past year or longer.

#### **THE NOMINEE IS A:**

**A)**  Youth (up to 24yrs) or  Individual      **B)**  Family      **C)**  Business/Organization

#### **A) Youth or Individual:**

Name:	Home Phone:
Mailing Address:	Personal Email:
Age Category (please check one):	<input type="checkbox"/> (up to 24yrs) <input type="checkbox"/> (25-40yrs) <input type="checkbox"/> (41-64yrs) <input type="checkbox"/> (65yrs+)

**OR**

#### **B) Family (at least one adult and one child/youth related to each other who volunteered together):**

Last Name of Family:	Contact Name:
Names of Family Members & Relationship to Each Other: 1) 2) 3) 4)	Home Phone:
	Personal Email:
	Mailing Address:

**OR**

#### **C) Business / Organization (Volunteer Employee Group):**

Business/Organization:	Mailing Address:
Contact Name/Title:	
Business Phone:	
Business Email:	

**NOMINATED BY:**

- A)  Individual      B)  Business/Organization      C)  Not-for-Profit Organization or Group

**Please Note:** all nominations made by an Individual or Business/Organization must include at least one letter of reference from a not-for-profit organization or group for which the nominee has volunteered.

**A) Individual**

Name of Individual making nomination:	Relationship to Nominee:
Mailing Address:	Home Phone:
	Work Phone:
	Email:
<b>Please complete Section C (below) to provide contact information for the not-for-profit organization or group supporting this nomination.</b>	

**B) Company or Business:**

Name of Business/Organization making nomination:	Name & Title of person making nomination:
Mailing Address:	Relationship to Nominee:
	Work Phone:
	Work Email:
<b>Please complete Section C (below) to provide contact information for the not-for-profit organization or group supporting this nomination.</b>	

**C) Not-for-Profit Organization or Group:**

Name of Not-for-profit organization(s) or group(s) making/supporting this nomination:	Name & Title of contact person verifying submission: (Executive Director, Board Chair, Volunteer Manager, etc.)
Mailing Address:	Work Phone:
	Work Email:
<input type="checkbox"/> Yes, reference letter(s) included from:	

**PLEASE TELL US ABOUT THE NOMINEE:**

1) Describe the Nominee's volunteer work and their motivation for volunteering (i.e.) generosity of spirit  
(200 word max.)

2) How does the Nominee inspire others? (i.e.) as a mentor, initiator, taking a leadership role  
(200 word max.)

3) What impact has the Nominee's volunteer work had on an organization, community, or an issue?  
(200 word max.)

4) Please describe the Nominee's volunteer service.

(i.e.) volunteer hours contributed; longevity of volunteer service; providing immense benefits to an organization

(200 word max.)

5) Please provide any other information about the outstanding volunteer efforts of the Nominee that you would like to have considered (i.e.) what else do they balance in their life (work, school, family, other volunteer activities), etc.

(200 word max.)

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