

GET INTO THE HOLIDAY SPIRIT AT THE RMCC CHRISTMAS CONCERT

Royal Military College of Canada bands will present their annual Christmas Concert on Friday, November 20, 2015 at 7:30pm in the Cadet Formal Mess in Yeo Hall at RMCC. Doors will open at 7:00pm. Tickets for this event are on sale now.

"The Christmas concert is a popular tradition at RMCC. Guests will be treated with varies singers and soloist from the Brass and Reed Band and the RMCC Choir," says Warrant Officer Albino. "The Band and Choir have been busy rehearsing and are thrilled to be part of a concert that helps raise funds for the United Way."



The Band and Choir will play a variety of music from classical to movie soundtracks and will also include a Holiday Sing-Along and a visit from Santa for the children.

Tickets are \$5 in advance or \$6 at the door; children under 10 free admission. Tickets are limited and available at RMCC's Yeo Hall Canex and the United Way office at 417 Bagot Street. Proceeds from the concert will go to the United Way KFLA.

TOUCHDOWN BREAKFAST TICKET SALES ARE GOING FAST!

Have you or your workplace booked a table for 2015 United Way KFLA Touchdown Breakfast yet? Ticket sales are going very quickly and we only have a few tables left. Make sure to purchase your tickets as soon as possible.

Mike Ryan, 2015 United Way Campaign Chair, invites volunteers and supporters to join United Way for its annual Campaign Touchdown Breakfast on Monday, November

30, at the Ambassador Hotel and Conference Centre. Doors open at 7:00am and ceremonies start at 7:30am.

In just under three weeks, 2015 Campaign Chair Mike Ryan will put an end to the suspense and announce how much the Kingston, Frontenac, Lennox and Addington community raised this year.


Every year thousands of volunteers, organizations, frontline agencies, professional staff and media partners come together to raise funds for services that help their families, friends and neighbours. Last year United Way invested in 60 programs that helped 75,000 people in our community.

Tickets are \$15 each or a table of ten for \$150. Organizers advise people to book their seats early as the breakfast regularly sells out. This year tickets for the breakfast can be ordered [online](#). Visit the United Way website to book your ticket today or call 613-542-2674 or email campaign@unitedwaykfla.ca, and join us for breakfast on the 30th.

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power
to
change
lives.

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WARMING UP WITH THE SPIRIT OF GIVING!

With the cooler weather and holiday season coming, many workplaces have been contacting us and looking for different ways to give during the holidays. We are happy to help!

1. If you want to do a **collection to help people in need**, here's what we know our agencies need:

- Socks (new)
- Mitts, hats, toques, scarves
- Warm jackets (especially men's)
- Boots – all sizes (especially children and men)
- Nutritious non-perishable food items
- New or hotel size personal hygiene items (toothpaste, shampoo, soap, etc)
- New or gently used blankets

Call Maura or Marg and we'll arrange a drop off or will help to distribute these items.

2. Additionally, there are a number of **programs in the community** - Christmas hampers, snowsuits and toys for kids, operation warm feet (boots for children in the north end) and other programs to which we can connect you.

3. You can give the **gift of giving**. Make a donation in someone's name and we will send them a card letting them know of your generosity.

4. You can help low-income families stay housed through a **donation to an energy assistance program**, helping with utility and gas bills.

Call **613-542-2674**, Maura (extension 1401) or Marg Kubalak (extension 1503).



CAMPAIGN NEWS

Who's kicking off this week? Who's planning a big event? Who's raising money from their latest big event? We've got all the latest Campaign news for you!

Ready for Kick-off

- **Continental Conveyor** ECC Linda has handed out the pledge forms and is moving their campaign right along! Watch for results! Thanks Linda!
- **Corus Entertainment** Kingston's online campaign kicked off on Monday, November 16!
- **TD Bank** online campaign kicks off on Wednesday, November 18. The team has already been busy with silent auctions and agency speakers. Stay tuned for results!
- **BMO** is kicking off on Tuesday, November 24! Thank you ECCs Claire and Mandy for your strong branch by branch awareness campaign! Way to Go!

- **RBC ECC Sherry** has agency speakers booked for their KFLA Branches in preparation for their link going live on November 24! Way to go Sherry!

Workplace Events

- **KFL&A Public Health** hosted a Good Morning Coffee event on Thursday, November 12 to support United Way KFLA. Freshly brewed coffee donated by the Chapters Starbucks and some homemade delicious baked goods were on sale. Way to go ECCs Ed and Sonya!
- **Home Base Housing's** Soup's On! is back. Smell the wafting aroma of home-made soup! The parade of soups that will be served in the lobby of 540 Montreal Street starting at 11:00am prior to the All-Staff meeting so come support our United Way campaign! Cost is \$5 and includes choice of soup, bun and, maybe something more!
- The **Bell Media** On-Air Auction is back! FLY FM on Wednesday, November 18 and 98.9 The Drive on Thursday, November 19 from 6:00am until 9:00am in support of United Way KFLA. Bid on your

chance to co-host the morning show for an hour!

- **Kingston Community Health Centre** is touching down their campaign on Wednesday, November 18! They are celebrating their success with delicious taco lunch, silent auction and carnival game from 11:30am to 1:30pm.
- **KEDCO** is holding a Mini-Mani from 11:30am to 3:30pm on Wednesday, November 18 and a bake sale with silent auction from 10:00am until 2:00pm on Friday, November 20 for their staff members. Way To Go, ECC Stephanie!
- **The Corporation of the County of Frontenac** is having an agency speaker in to speak to staff on Friday, November 20. They will also be raising funds for United Way KFLA through a silent auction at their 2015 Warden's Reception on Thursday, November 18! Also, they are having a Chili Cook-Off on Tuesday, November 24 to mark the touchdown of their United Way Campaign! Way to go, ECC Angelique!

- **Youth Diversion** is hosting a bake sale from 10:00am until 1:30pm on Thursday, November 19. Coffee, tea & baked goods will be available by donation at their office on 559 Bagot Street. Everyone is welcome!
- **Kingston General Hospital** is hosting a bake sale at 11:00am on November 20 raising more money for their campaign! Thanks ECC Crystal, Shannon, Mary and all of the KGH gang!
- **Ministry of Transportation and Ministry of Government Services** are holding a Mini-Mani and Arm Massage event this Friday November 20 from noon until 3:00pm. Staff can sign up for a spot for only \$5, with all proceeds going to United Way KFLA. Thanks to the whole MGS & MTO team, and the SLC students for making this event possible!
- **TD Bank** on Gore Road will have a Silent Auction for a week, starting on Monday, November 23 until Friday, November 27 – stop by to check out the items they have up for grabs, and bid on your favourite ones!

- **BMO SVDP Day of Caring** at the St. Vincent de Paul on Tuesday from noon until 4:00pm. Thank you BMO folks for your sweat equity and commitment to helping locally!
- **Independent Living Centre Kingston** is inviting everyone to join their Pie Social Fundraiser on Tuesday, November 24 from 2:00pm until 4:00pm at 540 Montreal Street in support of United Way KFLA. It's only \$5 for a piece with your choice of a cup of tea or coffee.

The Results Are In

- Ministry of Environment raised \$462 from Silent Auction on Thursday, November 12. Thank you ECC Jehanne for organizing the event!
- E. I. du Pont Canada's ECCs Tammy and Kim have wrapped up their campaign, raising \$2,500 in special event dollars on top of their employee pledges! Way to go Tammy and Kim!

- **Royal Military College** wrapped up its campaign with a special lunch on Thursday, November 12th, followed by a newly introduced talent show on Friday, November 13. RMC commandant B/Gen Friday challenged the team to raise \$2000 and committed to perform once the goal was achieved. To date, RMC has raised over \$46,000 with more still to come. Way to go, ECC Capt Lindsay Holmes!
- The **City of Kingston** has raised close to \$75,000. With ePledge, a strong focus on awareness with agency speakers and champions galore, this workplace has far exceeded its goal. Way to go ECC's Lana Foulds, Peter Huigenbos and all your committee members. Special thanks to Nancy Drew for spearheading their ePledge canvass.
- **Providence Care** employees have crossed their goal of \$50,000 with contributions from all sites and retirees. ECC Danielle Gowdy and her team of site canvassers and event leads ran a wonderful campaign. As always there was lots of delicious food from the ever popular Portuguese donuts to a cake walk and chili, there was always food on the go. Thank you to all the donors, volunteers and supporters of this campaign.



RMC - Campaign Touchdown Luncheon



St. Lawrence College - Silent Auction



RMC - RMC's Got Talent



KFL&A Public Health - Good Morning Coffee



Ministry of Environment - Silent Auction



Bell Media - Potluck

SAVE THE DATE

The venues are booked and dates are set so mark your calendars and make sure you are there.

United Way Events

UNITED WAY 2015 CAMPAIGN TOUCHDOWN BREAKFAST

Monday, November 30, 7:30am

Find out how much money you raised as we wrap up Campaign 2015 the same way we start it – with another delicious hot buffet breakfast at the Ambassador Conference Resort. Sponsored by TD Bank. [[See more details](#)]

Workplace Events

RMC ANNUAL CHRISTMAS CONCERT

Friday, November 20, 7:00pm

The band of the Royal Military College of Canada will present RMCC's Annual Christmas Concert at 7:00pm in the Cadet Formal Mess in Yeo Hall. Ticket prices are \$5 in advance or \$6 at the door, free for children under 10 years old. Advance tickets are available at the RMCC Canex and Yeo Hall.

CFB TOUCHDOWN BREAKFAST

Wednesday, November 25, 7:00am to 9:00am

Col. Kelsey, Base Commander and CWO Garand, Base Chief Warrant Officer cordially invite all the CFB military personnel and CFB civilians to attend the CFB Kingston Touchdown Breakfast in support of United Way KFLA at WO & Sgt's Mess Dining Facility. It's only \$5 per person for Western Breakfast Wrap.