



Success By 6 Week is a fun-filled week of events and activities designed with the youngest members of our community in mind.

This annual event aims to increase public awareness about the importance of early childhood learning and care. Officially proclaimed by the City of Kingston, and the counties of Frontenac and Lennox & Addington, Success By 6 Week provides opportunities for families, caregivers, friends and neighbours to "Take the Time and Make the Moments Matter" with the young children in their lives.

The time from conception to age 6 is a period of crucial development. This is the period when a child's physical growth, emotional attachments, attitudes, behaviours, language and motor skills develop. Success By 6 reminds people in our community about the importance of early childhood learning and making children a priority in our community.

For more information call 613-542-2674 or visit www.unitedwaykfla.ca



**Success By 6 Week
May 2nd-10th 2015**

During this week, from May 2nd to 10th, there are a number of free activities that encourage simple family fun. Free movies and swims, fun & interactive activities at local museums, celebrity story time readings, yoga for tots and much more.

Take a look inside to see the full schedule!

Physical Activities

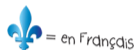
Learning Activities

Environment

Entertainment

Drop-ins & Playgroups

Fun Activities



Friday, May 8

Freaky Friday: Frontenac Public School Parenting & Family Literacy Centre. A Friday full of play! Puppets, dress-up and dancing to the beat. Have fun and be active! 38 Cowdy St., Kingston. 8:30am-12:30pm

Early Learning Playgroup: Ontario Early Years Centre. Free playtime, crafts, songs, and more for children aged 0-6 yrs and their parents/caregivers. Woodbine OEYC site, 930 Woodbine Road, Kingston. 9-11:30am

Kid Splash:** YMCA. Get active! Free swim for children 0-6 yrs. 745 Progress Ave., Kingston. 9-11am

Cheese Tasting: Rideau Heights Public School Parenting & Family Literacy Centre. Try five different types of cheeses and record which were favourites and least favourites! 77 MacCauley St., Kingston. 9:30am

Mother's Day Tea: Polson Park Parenting & Family Literacy Centre. Celebrate Mom by enjoying tea and cookies. Come in your PJ's and cuddle up while reading bedtime stories! 165 Robert Wallace Dr., Kingston. 9:30-10:30am

Exploring the Senses: Holy Family Parenting & Family Literacy Centre. Explore the senses. Taste different cheeses and apples, smell different scents and explore objects with magnifying glasses! 114 Wiley St., Kingston. 9:30-11:30am

Bilingual Stay and Play: Kingston Family Military Resource Centre. Join a fun playgroup for parents and caregivers of children 0-6 yrs. Meet other parents, interact with the children and get helpful parenting advice and resources. An interactive, bilingual music circle is offered and a healthy snack is provided. 32 Lundy's Lane. 9:30-11:30am

Early Learning Playgroup: Ontario Early Years Centre. Free playtime, crafts, songs, and more for children aged 0-6 yrs and their parents/caregivers. 2 Locations: St. Patrick School, 158 Patrick Street, Kingston; KMFRC, 32 Lundy's Lane, Kingston. 9:30-11:30am

Bring a Friend Picnic: Ontario Early Years Centre. Bring a real friend or your favourite stuffed friend. We will be making friendship salad and other activities with our friends. 1178 County Rd 8, Napanee. 9:30-11:30am

Rhythm and Rhyme: Kingston Frontenac Public Library. Musical program with rhythm, rhyme and movement for children up to 3 yrs. Develop language and early literacy skills. Hands-on play with bells, rhythm sticks, scarves, shakers. Calvin Park Branch, 88 Wright St., Kingston. 10am

Baby & Me Yoga with Carly: Life Yoga. Deepen your bond with your baby, heal your postpartum self. For mothers 4 wks post-delivery, 6wks post-caesarean and babies. Dads and birth partners welcome! Registration required: 613-546-5100, info@thisisyourlifeyoga.com or online, thisisyourlifeyoga.com. Spaces held up to 10 mins before start. The Woolen Mill, 4 Cataraqui St., Unit 110, Kingston. 10am-10:45am

Funny Bones: Museum of Health Care. Free education program. Discover what bones are made of and how they support your body. Active story time. Create your own animal themed take-home craft. Recommended for ages 0-6 yrs (with adult accompaniment). Registration required: 613-548-2419 or info@museumofhealthcare.ca. 32 George St., Ann Baillie Building National Historic Site, Kingston. 10-11am

All Aboard to Discover Trains and Technology!: Pump House Steam Museum, Gordon C. Leitch Discovery Centre. Filled with toys and activities to encourage and develop science, technology, engineering, art and math skills. Stunning multi-level model train. Experience the museum and enjoy crafts, story time. 23 Ontario St., Kingston. 10am-12pm

Family Storytime: Kingston Frontenac Public Library. Stories, songs, poetry, and movement for all ages. Meet other families and nurture your child's love of books. Sydenham Branch, 4418 Wheatley St., Sydenham. 10:30am

Free Parent & Tot Swim:** W.J. Henderson Pool. Free swim for children 0-6 yrs, accompanied by parent/caregivers. 322 Amherst Dr., Amherstview. 10:30-11am

Storytime: Bath Branch Library. Join Patricia for a storytime filled with books, finger plays, songs, and action activities, followed by a simple craft. 197 Davy St., Bath. 11am

Kid Splash:** YMCA. Get active! Free swim for children 0-6 yrs. 100 Wright Cres., Kingston. 11-11:55am

Let's Explore Nature: Wear your rubber boots and ride the Ferry to Wolfe Island for a discovery hike with the Msgr. J.S. Ryan Outdoor Centre. Ferry lands at Dawson Point Dock, a 5 min. drive to the Centre. Event offered in partnership with Wolfe Island Early Years Centre at Sacred Heart Catholic School, 57 Road 95, Wolfe Island. 11am-12pm

Story Time in Montessori: King's Town School. Visit KTS Montessori classroom and participate in story time with Eric Carle books. Join Montessori students and make an art project inspired by the illustrations of Eric Carle. 66 Rideau St., Kingston. 2:30-3:15pm

Yamaha Junior Music Class: Queen's Conservatory of Music. Introduction to singing, solfège, rhythm & keyboard. 1 adult per child required. Children 4-5 yrs. Registration required. Limited space: 613-533-2934 or music.conservatory@queensu.ca. Harrison-LeCaine Hall, 39 Bader Lane, Rm 229, Kingston. 4:30-5:30pm

Parent & Tot Swim:** Kingston Military Community Sports Centre. Splish Splash! Free swim for children 0-6 yrs with their parents/caregivers. 11 Navy Way, Kingston. 5-6pm